



JOSLYN RECREATION CENTER NOVEMBER 2024 NEWSLETTER

Your continuing support of the Joslyn center is key to our success, and one of the important ways you can support our efforts is to attend the annual General Membership Meeting. This scheduled 45 minute meeting will take place in the JARC Main Hall **Saturday November 9, 2024 at 10:00am**. While the meeting is brief, it's important: Dues, budget and spending proposals, programs and more. Our dues have been \$50 per person since 2017, and they will be discussed in the context of our budget and expenses. We cannot transact business without a quorum, so please plan to be there!

CLUB NOTES:

The Cambria Community Chorale's Holiday Concerts are always highly anticipated events in the community. Last year's holiday concerts brought the spirit of the season to hundreds of lucky Cambrians. This year, our music director, Ron Perry, has selected another impressive array of songs to celebrate the

holidays. “Songs of Light” will be performed on December 8th and 15th at 2:00pm, at the Cambria Community Presbyterian Church, 2250 Yorkshire Drive. We ask you to spend this bit of your holiday season with us.

Tickets are \$20.00 for adults, and students are free. You can purchase your tickets in November from a participating Chorale member, online at our website: www.cambriachorale.org and at <https://my805tix.com/e/songs-of-light> .

For more information, contact Club President Dianne Anderson at 408.221.9650 or Leonard Kohout at 805.458.9250. In addition: leonardkohout@icloud.com or showtickets@cambriachorale.org

BRIDGE CLUB:

Bridge is one of the best ways to follow the “use it or lose it” advice for maintaining mental sharpness in older age. Research has shown that regular bridge playing improves reasoning skills and long and short-term memory. Bridge is a great way to spend time with friends, spark conversation, and get to know new people.

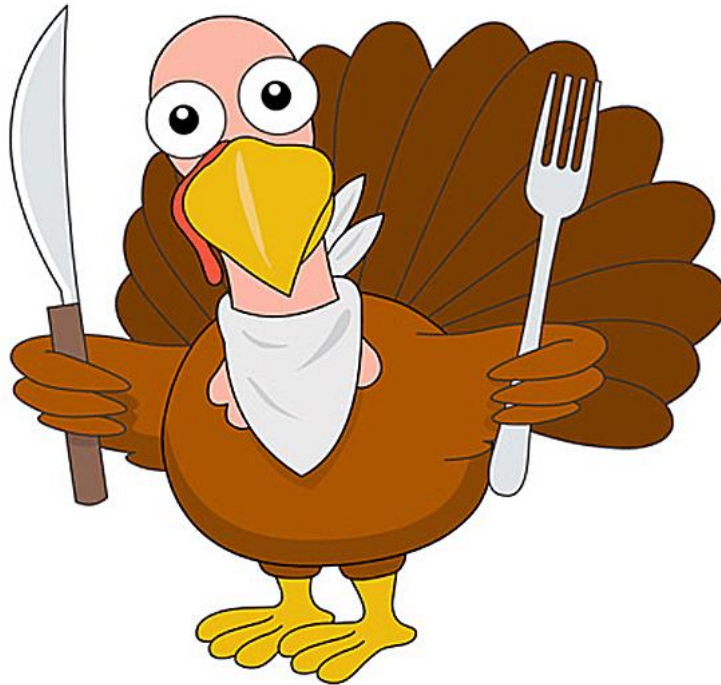
Join us on Tuesdays at 1:30p in the Main Hall to learn or refresh your bridge skills. Come on Thursdays at 6:00p for partner bridge or the 2nd and 4th Wednesdays a 1:00p for duplicate bridge, also in the Main Hall.

Holiday Plans

The Cambria Dance and Social Club has two more events planned for this year. Everyone is welcome, singles or couples, and no special dance skills are required – just come prepared to enjoy the music and food! We have a fun group of people who will gladly welcome you.

SAVE THESE DATES:

NOVEMBER 13:



Peggy and Stephen are hosting the Annual Turkey Shoot party at the Joslyn from 5:30 to 8 pm. (No turkeys are injured at this event!)

Please RSVP to Peggy at pjchristi@aol.com so we make sure we have enough participants to proceed with the dance. It will be a great pot luck dinner with live music and a congenial group.

FISHING CLUB: LET'S GO FISHING



OCTOBER CATCH

POKER CLUB:

You'll find fun and affordable poker at the Joslyn! Our monthly tournament will be Saturday November 9th at 6:15 PM in the Main Hall. The game will be Texas Hold'em, only a \$20 buy-in. Every Thursday Evening we play Dealer's Choice poker at 6:15p in the Conference Room. You choose from a \$5 or a \$25 table buy-in for the evening. Questions? Contact Manya at 805.927.5000 cell/text for more information.



Friday Night Ecstatic Dance!

Inner Rhythm is a growing group of heart-centered-people who dance as a way of returning to our selves and to commune with each other.

For us the dance floor is a playground, a teacher, a healer.

There are no steps to follow, no right or wrong way to move, we dance to feel what is sacred through the movement of our bodies.

Inner Rhythm is a 70-90 minute dance journey. Every **Inner Rhythm** dance is different but the basic format is the same. We start with slower fluid rhythms, move into pulsing percussive beats, peak into wild chaos, then return with trance-like lyrical rhythms dissolving into a quiet gentle stillness.

We finish with a short closing circle.

Every Friday 7:30 pm - Joslyn Center, 950 Main St., Cambria

\$5.00 admission • Vist us on Facebook

NOVEMBER CLEAN-UP CLUB IS MAH JONGG

See you at the November 9th Membership Meeting!

Dave Stiles